

Symptoms of Inner Peace

The tendency to think and act spontaneously rather than from fear based on past experience.

An unmistakable ability to enjoy each moment.

Loss of interest in judging other people.

Loss of interest in judging self.

Loss of interest in interpreting the action of others.

Loss of interest in conflict.

Loss of ability to worry (A very serious symptom).

Frequent, overwhelming episodes of appreciation.

Contented feelings of connectedness with others and nature.

Frequent attacks of smiling through the eyes from the heart.

Redefining falling thorough the abyss as floating or flying in a new direction.

Increasing tendency to let things happen rather than make them happen.

Increased susceptibility to Love extended by others as well as the uncontrollable urge to extend it.

Being awake to what is within.

Being awake to what is around

Wondering without despair about what is behind it all.

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